

# PERMACULTURE DESIGN COURSE (PDC)

Welcome Pack!

San Isidro Permaculture  
REGENERATIVE DESIGN



**“THE ONLY ETHICAL DECISION IS TO TAKE  
RESPONSIBILITY FOR OUR OWN EXISTENCE  
AND THAT OF OUR CHILDREN.”**

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FATHER OF PERMACULTURE

**-BILL MOLLISON**



# WHAT IS PERMACULTURE

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Permaculture is an ecological design theory that integrates human needs with natural ecosystems. By modeling settlements and agriculture on the resilience of nature, it creates sustainable, stable living systems. As climate change and food insecurity intensify, regenerative permaculture principles become essential for restoring global ecological balance.

As food security and climate stability decline, regenerative permaculture becomes essential for restoring ecological balance.



# THE COURSE

The 72-hour Permaculture Design Course (PDC) is a certified, holistic program teaching students how to harmonize with ecological and social environments. Through lectures, discussions, and hands on design exercises, participants gain practical skills for sustainable living.

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# THE PERMACULTURE DESIGN COURSE

This course empowers students to address landscape degradation through permaculture design. Participants will gain the practical skills needed to build sustainable systems that foster a life of respect for both people and the planet.



# INSTRUCTOR BIO

## JEREMAIH KIDD

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Jeremiah brings over 25 years of expertise in permaculture, natural building, and alternative technologies. After earning a Permaculture Institute Diploma and partnering with the pioneering firm Living Structures, he founded San Isidro Permaculture in 2000. Based in Santa Fe, his company specializes in water catchment, greywater systems, and land restoration.

In 2014, he co-founded Permaculture Design International alongside seven leading consultants. His extensive global experience includes consulting and volunteering on regenerative projects across the USA, Latin America, Africa, and Asia.

***"I'M EXCITED ABOUT THE LIFE LONG NETWORKS WE WILL BUILD IN EAST AFRICA AND HOW EACH PARTICIPANT WILL BOTH GIVE AND RECEIVE A TREMENDOUS AMOUNT OF KNOWLEDGE, EXPERIENCE AND SELF CONFIDENCE IN CREATING AN ABUNDANT LIFE"***



# INSTRUCTOR BIO

## LENOX CHOME

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Lenox was born and raised in Malindi, Kilifi County, on the coast of Kenya. A permaculture practitioner and the founder of Nettle Regenerative K Limited. With over 10 years of experience in the field,

He has trained and supported the establishment of both small- and large-scale gardens. His work has extended across arid and semi-arid regions, where he has empowered approximately 800 farmers, including school-going children, youth, women's groups, individuals, and entire communities.

***"MY MISSION IS TO PROMOTE SUSTAINABLE LIVING AND COMMUNITY EMPOWERMENT THROUGH THE PRINCIPLES AND PRACTICES OF PERMACULTURE."***



# WHAT YOU WILL BE LEARNING...

**Regenerative Homestead Layout:** Master the art of "reading the land" to align human needs with the landscape's natural potential.

**Mapping & Interpretation:** Learn to map your site to identify the most productive and sustainable uses for every acre.

**Drought-Proofing:** Implement a multi-disciplinary approach to water security, using both passive and active rainwater harvesting techniques.

**Food Forests & Agroforestry:** Design diverse edible landscapes, including silvopasture systems that integrate animals for maximum ecosystem benefits.

**Sustainable Beekeeping:** Techniques for healthy hive management and the production of organic honey and wax.

**Nutrient Dense Food & Medicine:** Learn to grow, test, and harvest high-quality vitamins and natural medicines for a healthy, self-sufficient life.

**Water & Nutrient Cycling:** Practical implementation of greywater reuse, wastewater management, and composting toilets to restore soil fertility.

**Sustainable Resource Production:** Master the cultivation of fodder, fuel, and natural home construction materials.

**Green Building & Eco-Tech:** Implement elegant, efficient building practices alongside alternative technologies like solar ovens and dryers.

**Water Security & Sanitation:** Learn erosion control, watershed preservation, and low-cost sanitation solutions that reduce health risks through natural filtration.

**Advanced Soil Building:** Hands-on training in soil testing, vermiculture, and nutrient cycling to strengthen the carbon-soil relationship..

**Plant Guilds & Integrated Management:** Strategic cropping combinations and holistic pest management to ensure food security and system resilience.

**Right Livelihood & Capital:** Explore permaculture career paths and strategies to diversify your economic streams by expanding your concept of capital.

**Collaborative Structures:** Design creative, community-based economic models that foster long-term social stability..

# **WHAT YOU NEED TO BRING...**

**USB Flash drive for PDF's, movies, and Ebooks that will be available during the course..**

**Comfortable clothing, good shoes for the outdoors, gloves, sunblock, hats, water bottle, head torch, sunglasses, swimming gear, cameras, light rain jacket**

**A good learning attitude, Info on surroundings (wildlife, communities, towns, cities, topography, soil profile, vegetation, etc). Gumboots, compass, coloring pencils/markers (optional)**

**For the students that may want to design a “case study” of their own farm, garden, household during the course, please bring: Maps (google earth), Altitude, Sun orientation.**

**Lead Instructors and Assistants will also meet with you and give you feedback about your personal site/project to help guide your design.**

**Please feel free to bring a plat or topographic map of your own site.**

**Classes finish around 5pm daily to allow students time to relax, explore and enjoy the surrounding area.**

**This course promises to be a great networking opportunity and a chance to make friends with like-minded people and professionals from different countries and backgrounds.**

# FIELD TRIPS

## **Green Heart Indigenous Tree Nursery**

A visit to Green Heart Tree Nursery to explore practical techniques for propagating indigenous trees and improving seedling survival and growth. Participants will gain insight into the role of native species in restoration work and learn how strong nursery practices can support healthier landscapes over time.

## **Chasimba Caves & Tree Nursery**

An immersive visit to Chasimba to understand how a small community-led initiative has helped protect a culturally and ecologically important site through regenerative practice. Chasimba is part of Kenya's tentative UNESCO listing for the Kilifi Caves, and conservation groups describe it as a unique limestone ecosystem under pressure from mining. This trip will explore the connection between restoration, indigenous tree propagation, and the protection of sacred landscapes.

## **Mangrove Planting & Coastal Restoration**

A hands-on field trip focused on the importance of mangroves for coastal ecosystems and communities. Participants will learn why mangroves matter, how restoration works best, and why successful projects depend not only on planting seedlings, but also on understanding site conditions, water flow, and natural regeneration.



# **COURSE FEE & INCLUSION**

**African Citizen Rate:  
\$750 USD**

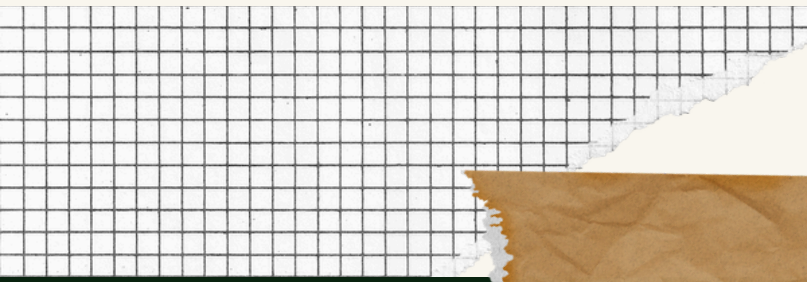
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**International Rate:  
\$1,000 USD**

Whatsapp +254 702 232323  
[www.kilifibackpackers.com](http://www.kilifibackpackers.com)

The \$750 (96,750 KES) course fee covers comprehensive tuition, guest lectures, a personal site design review, and all learning materials, including a handbook and extensive digital library. Also included are daily breakfast, lunch, tea/coffee breaks, and transport for field trips. Please note that accommodation, dinner, and travel to Distant Relatives are not included. Classes conclude at 5:00 PM daily, offering a perfect balance of intensive learning and networking with a global community of eco-conscious professionals.

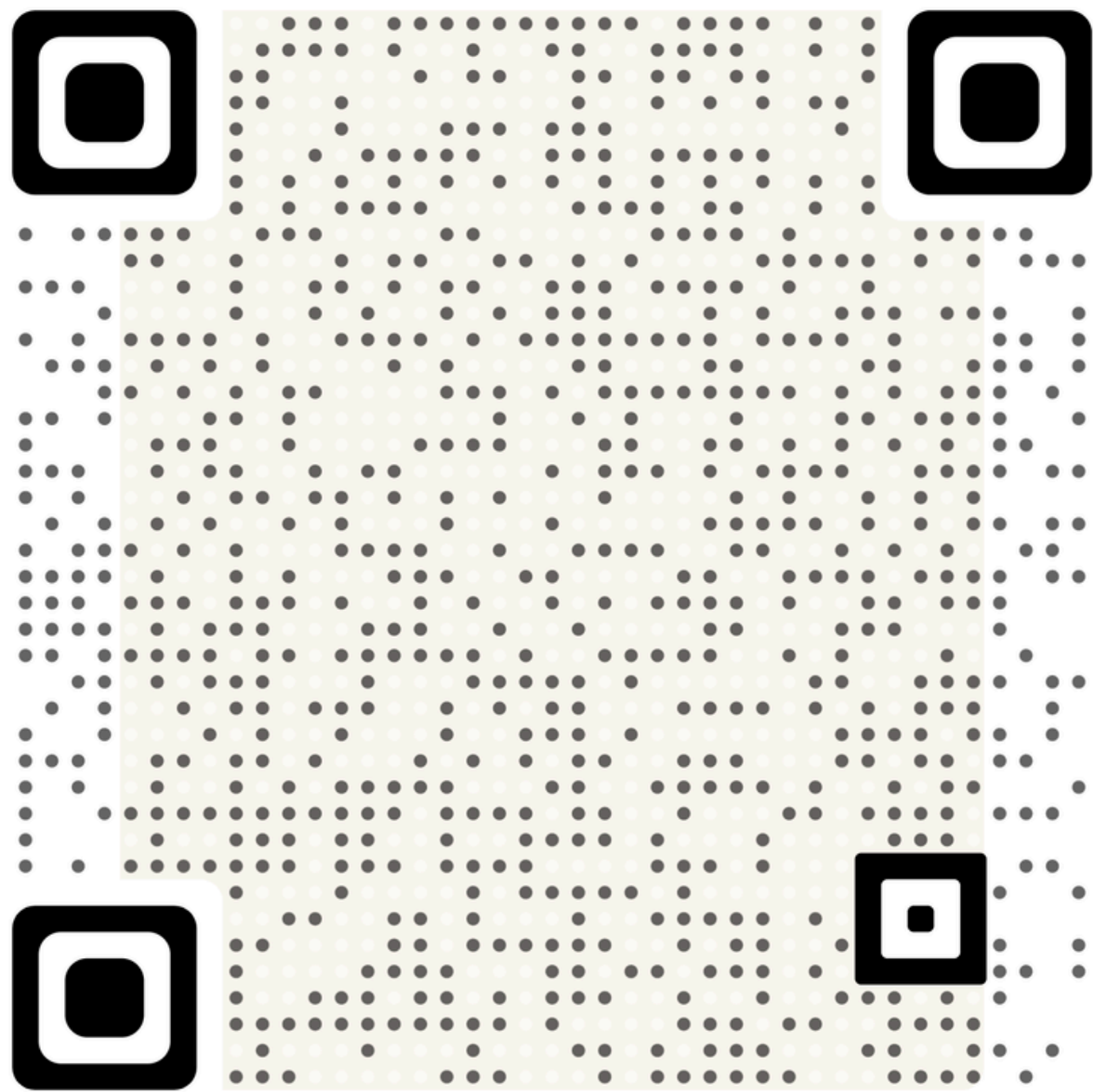




## REGISTRATION & SIGN UP

Scan the QR code below to access the Google Form and complete your registration in just a few quick steps.

This simple signup ensures your spot is secured and helps us prepare everything needed to make the upcoming session a success, so please take a moment to jump in and share your details.



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